



## How to get an erection (getting your SoulPad 3000-ease, 4000-ease or 5000-ease up)

Some general tips:

It's generally easier for two people to get an erection, but if you follow the instructions below, one person can do it alone!

Be careful when you put your SoulPad under tension (when you secure the guy ropes) and try to keep the tension even across the canvas. Make sure all zips are closed and the tension is being created in the direction of the seams.

The order in which your SoulPad is erected is very important. Never assume that you will remember the order, and always make sure you have a set of instructions with you each time you put your SoulPad up. SoulPad users can fall into bad habits and receive bad erection advice. This can have a negative impact on the longevity of your SoulPad and its overall performance. In case you lose them, these instructions are available to print off from the FAQ's section of the website.

OK. This is how we do it...

- 1) Lay out the ground sheet as flat as possible, with the canvas on top, and pin it down with the pegs. Be sure to have the entrance facing in the desired direction and make sure the door is zipped up.
- 2) The first time you erect your SoulPad you may need to connect the guy ropes (leave them on after that). To connect the guy ropes simply tie them to the heavy duty canvas loops at the top of the walls. Do not peg out the guy ropes at this stage; we're just getting them ready for later steps. The plastic on the guy rope (the black nylon 'slides' which create the peg loop and allow us to adjust the tension) should rest about 50cm from your SoulPad's walls to begin with. This allows you room to adjust the tension in later steps. You will use the loop created by the guy rope to fasten the larger stake pegs through later.
- 3) Partially extend the poles. Unzip the door and take the central pole (with rubber stoppers) inside. Find the inside of the top of your SoulPad and marry it with one of the stoppers. Then pull the pole up so that the roof of your SoulPad rises, clicking the pole into full length. This should be quite easy as there is not too much tension at this point.
- 4) Make the central pole stand as upright as possible, in the centre of the groundsheet. The pole should hold upright. The canvas will droop but the pole shouldn't slip out of position. Go back outside.
- 5) Get the A frame and re-enter your SoulPad. This is much easier if you unlock one section next to the top. Once inside your SoulPad click it back into place and put the metal spike on the top of the A frame through the matching hole in the canvas above the door. Now edge the A frame forward into the door space until it is almost vertical, and loosely fasten the ties provided around the feet of the A frame. Remember, the A frame

serves only to create the porch shape, it is not as structural as the central pole. Do not try to force it into a vertical position. Go back outside.

6) Attach the spike cap (to stop water getting in) onto the spike on the outside of your SoulPad (top of the a-frame). Zip the door closed.

7) Use the remaining pegs to attach the first guy rope from above the door (with plenty of slack) then secure the guy ropes either side of the door too.

Note: It is important to make sure the guy ropes follow the line of the seams so your SoulPad stays symmetrical and the tension is evenly spread. It is also important not to have too much tension on any of the guy ropes at this point. Get all the pegs in then go around adjusting the guy ropes to the desired tension later.

When the first three guy ropes are in place go round to the back of your SoulPad and repeat with the three guy ropes at the back (remember, not too much tension). Then secure the remaining guy ropes at the sides of the SoulPad, following the line of the seams at all times.

8) Adjust the slides to get everything tight. The best way to do this is to hold and pull the canvas loop where the guy rope is attached to the SoulPad (noting its affect on the SoulPad's walls), and take up the slack by re-positioning the slide. You will see the walls begin to position themselves more vertically and neatly at this stage. NB: Too much tension or the incorrect positioning of the wall loops may cause the wall to crease.

By doing it this way your SoulPad will stand perfectly and without creases.

Well done! Job done! Cup of tea anyone?

Now its time to accessorise your SoulPad and to begin camping from your heart, with soul!

